Trainings and Workshops

Community-Level Planning for Opioid Overdose Prevention

• Based on best practices from SAMHSA, CADCA, SPF and CTC, this training is designed for substance abuse and drug overdose community coalitions to intentionally focus on the causes of opioid addiction and outcome planning for the reduction of overdose hospitalizations and deaths. This training is ideal for community members, drug and alcohol prevention providers, law enforcement, emergency medical technicians, school administrators, judicial administrators, juvenile justice, medical community, non-profit agencies (dealing with treatment and recovery), faith community and more. Based on best practices, Joe utilizes a planning model that addresses six critical focus areas to reduce drug overdose including; Inappropriate prescription drug use, availability of illicit drugs, drug overdose intervention strategies, early intervention, treatment and recovery, mental health enhancement, and effective primary prevention strategies

School-Level Planning for Opioid Overdose Prevention (Student Engagement)

• The prevention of onset of students misusing pharmaceutical opioids starts with understanding the elevated risk factors that lead to opioid use. Issues such as sports injuries, dental procedures and related pain prescribing can be the primary cause of future heroin addiction. Co-occurring disorders like substance use and depression & anxiety can also be associated with opioid use. This workshop is designed to utilize best practices from the field and engage students as prevention planners to work alongside their community prevention coalitions in developing a strategic plan for action.

Youth Summit Facilitation

 Facilitation of a student summit designed to bring together leadership groups of students from multiple schools in a community or region. Students will review youth survey data and develop activities and events to reduce risky behaviors and create a more positive school climate. (20-500 students)

40 Developmental Assets Training for Teachers/Youth Workers/Students

 Training in the 40 Developmental Asset model to improve student-teacher engagement, increase student leadership, develop a more positive school climate, Increase academic performance and reduce truancy and other adolescent problem behaviors. Attendees will concentrate on raising assets (protective factors) and reducing risk factors. (20-60 students/staff)

Development of a Student Leadership Council

 This workshop is designed for the development of a student leadership council for a school or community. Students and staff will receive training in the 40 Developmental Asset model as well as learn how to develop a student action plan to reduce substance abuse, bullying, violence, depression and other problem behaviors. (10-20 students/staff)

Motivational Speaking/Community Presentations

School-wide motivational assemblies, community presentations, annual dinners, keynote
addresses, and other one day events that promote substance abuse prevention, youth leadership
and engagement, drug overdose data, violence prevention, suicide prevention and other serious
issues that face our communities.

Community Prevention Coalition Training #101

- Basic community coalition training for substance abuse prevention coalitions and other coalitions dealing with violence, truancy, teen pregnancy and depression. The Public Health Model approach will be reviewed as well as prevention models from Strategic Prevention Framework, Communities That Care, and 40 Developmental Assets. Training highlights include:
 - Team-Building Activities
 - Key leader Recruitment
 - o Community Needs Assessment
 - Community Resource Assessment
 - Evidence-Based prevention programs
 - o Program Outcomes, Logic Models
 - Development of a Community Report Card

Development of a Coalition Sustainability Plan

- This one-day work group is designed to create a sustainability report for potential funders to sustain your community coalition board. Specific focus will be placed on:
 - Selecting a Community Champion
 - Program Outcomes/Social Marketing
 - Coalition Structure/Organization/Marketing Materials
 - Financial Needs

Analyzing Your Youth Survey Data

• This work session will focus on priority risk factors, protective factors and problem behaviors as derived from your youth survey report. In addition to explaining the results of youth survey reports, a power point template will also be provided for the district to share at planning meetings.

Development of a Prevention Plan (Community and/or School District Level)

- This training will develop a multi-year prevention plan (with outcomes) for individual schools, school
 districts and/or countywide agencies. During the process of this training, the following deliverables
 will be provided:
 - Establish priority risk and protective factors.
 - Establish priority problem behaviors (violence, delinquency, ATOD use, etc.).
 - Development of a logic model
 - Development of a prevention plan that includes:
 - Short term outcomes
 - Middle term outcomes
 - Long term outcomes
 - Development of a Final Report Summary

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